

# The Ramsey Academy, Halstead

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Headteacher:  
Rob James

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Dear Parent/Carer

As part of our **Careers/Personal Development** programme at Ramsey Academy we have invited the Teenage Cancer Trust to speak to our Year 10 and 11 students about cancer and health at the following times:

**8 March for 11X**  
**6 March for 10Y and 11Y**  
**23 March for 10X**

## Who are the Teenage Cancer Trust?

Teenage Cancer Trust is a National Charity dedicated to help young people fight cancer. Teenage Cancer Trust's National Understanding Cancer Education presentation is endorsed by the Government as it raises awareness of cancer which can lead to earlier diagnosis in the long term.

## What information will the presentation include?

The presentation will last for around an hour and is an interactive opportunity for students to learn about and discuss:

- What is cancer?
- Common Signs and Symptoms
- The impact of cancer on a young person
- Types of Treatment
- Healthy Living

By the end of the presentation, all students should know more about early warning signs and how they can reduce their risk of cancer later in life. Throughout the presentation students will be encouraged to become the experts of their own body and to speak to health professionals about any concerns.

## Who will be delivering the presentation?

The presentation will be given by a trained professional speaker from Teenage Cancer Trust and is delivered in a sensitive way. If you have any concerns, please do speak to the school and we will ensure that your child is supported.

Improved awareness can help to stop cancer before it starts, and break down fears. For more details, please look for the Transforming Cancer Knowledge Report on the Teenage Cancer Trust website.

## Why is this important?

Teenage Cancer Trust want your child to have this opportunity to learn about cancer and feel more able to talk openly about their health because it has been proven to make a difference. Please do support this by talking to your child about what they have learned and encouraging them to be open about any health concerns they may have. Leaflets will be handed out at the end of the presentation that cover the main points and may be of interest to you.

If you do not want your son/daughter to attend the presentation please email me [mchild@ramseyacademy.com](mailto:mchild@ramseyacademy.com).

Yours faithfully

M Child  
Careers, Information and Guidance and Personal Development Co-Ordinator