

The Ramsey Ram



19th Edition



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Editors' Notes

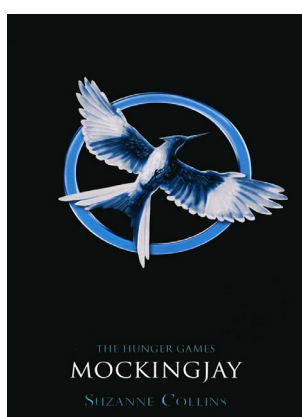
Hello, my name is Tazmin Sloat and I am in Year 10. I have been a member of the Ramsey Ram since it first started when I was in Year 7. One of the things I like the most about the Ramsey Ram is the variety of ideas that are expressed in different ways.

Hi, I'm Maximus Felton an editor for the Ramsey Ram and I am in year 10. I have been with the Ramsey Ram since year 7, just as it started. I joined the Ramsey Ram because I have always been interested in the various forms of writing. I have wanted to be part of the editorial team for a long time and now that I have finally reached this position, I want to influence and make a positive change to the team.

Bonjour, my name is Ellie Chatten. I joined the Ramsey Ram as soon as I joined Ramsey. I have published many articles in the Ramsey Ram and I'm now in Year 8. The reason why I joined and became an editor is because I enjoy brainstorming new ideas and exploring different opinions on significant topics.

Hey everyone, I'm Courtney Sloat and I am in Year 8. I have been a part of the Ramsey Ram since I first joined in Year 7 and was fortunate enough to recently be given the role of editor. I was drawn to the Ram as I liked the idea of working in a team and I am happy to say that the Ram team is one of the warmest and funniest I have worked with - don't be shy to get involved if you want to!

In this issue.....and more!!



Training Expedition D of E Experience.

Firstly, The Duke of Edinburgh (D of E) is an award that you can achieve by taking part in various activities and completing them. You also have to attend two expeditions; for the first expedition your teachers decide where and how they are going to teach you the skills you will need. The second expedition is the expedition you will get assessed on and you can show your personal progress. It is a very good thing to be able to say you have done and put on your CV. Also, employers are always looking for people who have done extra things outside of the school curriculum, such as Duke of Edinburgh award as it demonstrates a wide variety of skills. When we arrived, the teachers gave us boxes which contained our tents and the other accessories we needed and showed us how to put up the tents. Then, we got given maps and felt-tip pens and worked in groups to mark our 3 check points (on the maps). Next the teachers showed us how to use our compasses and one teacher joined each group to monitor our behaviour and watch how we tackled the task we were given. When we arrived at our check point, the teacher who was helping us left us to work together and carrying on by ourselves.

When we arrived at the camp, we had a few hours spare to look around and relax. The year 10s came and some of the year 9 students who couldn't fit into the year 9 groups. Then we got given portable heaters, which the teachers then showed us how to use them and then we all cooked our own food; which was a very cool experience. When we had all finished, we had to wash up our own plates. When it got dark, the teachers made a camp fire where we could just socialise and have fun. At about 10 o'clock, we got sent to the tents to go to sleep.

In the morning, we used the heaters again but this time to make some breakfast which was porridge.

It was an amazing experience and I would definitely recommend it.

By Bence Halasi.

East of England Handball Tournament

On Monday 13th May a group of eight boys in year eight travelled to Cambridge University to compete in the East of England handball tournament. The team qualified for this round by winning at Bower park in Romford.

In the qualifying rounds Ramsey lost one game and drew one but they managed to win all the other games. This led them into the final to play the only team they lost against. The opposition started off the game with an early lead. They managed to double this quite quickly. Ramsey managed to get one back and faith was restored. Then they scored another to level the score to 2-2. In the last minute of the game Ramsey were able to score once more to take the lead. The buzzer sounded and the team rejoiced.

Kieran Dakin said 'it was an exhilarating atmosphere'.

Will Gerrard, team captain, said it was 'unreal'. Jacob

Page said 'It's great to be champions'. The team will now play in the National Championship to represent the East of England in Derby.



By Jacob Page

Acrostic poems

Change:

- C -Concentrate on a new outcome.
- H -Have a vision of what you want to achieve.
- A - Always be open to the new possibilities.
- N- Never let fear dictate your decisions.
- G- Give your new direction a chance to work.
- E - Embrace the change as it unfolds.

Monday:

- M- Maybe this is not
- O- One of your favourites, but
- N- Never forget that every
- D- Day you wake up is an
- A- Amazing gift and it's up to
- Y- You to make it count.

By Courtney Sloat.

Old Sayings and Meanings

"A bunch of fives" - is a slang term for a fist, especially one used for punching. The fives are the four fingers and the thumb.

"A fish out of water" -Someone who is in a situation they are unsuited to.

"A bad egg" - Someone or something that disappoints expectations.

"Carry coals to Newcastle" - To do something pointless and superfluous.

"Don't change horses in midstream"- Don't change your leader or your basic position when part-way through a campaign or a project.

By Courtney Sloat.

Teacher Talk – Mr Charlton

1. Have you always wanted to be a teacher?

Yes actually, I have always wanted to be a teacher. My dad was a teacher when I was growing up and I always wanted to be a PE teacher.

2. What has been your biggest achievement so far in life?

My biggest achievement was probably running the Brighton half marathon without any training, which was a bad idea but I still did it.

3. Did you ever get a detention in school?

I did actually get a few detentions over my school years, but it was very rare. When I did get a detention it was for not handing in my homework, not for any bad behaviour.

4. What were you like at school?

At school I was pretty quiet , shy, very sporty though and a bit lazy during lessons and didn't always pay full attention in lesson.

5. Why did you decide to teach Maths and PE and were you good at Maths and PE in school?

Yes, I have always wanted to be a PE teacher from when I was young . I got a A* in both Maths and PE at GCSE and I took both Maths and PE for A level and I got an A in PE and B in Maths and I was good at both subjects when I was at school.

Bonus Question

6. What is your favourite film and why?

Definitely Goodwill Hunting because I loved Robin Williams and Matt Damon in the movie.

By Courtney Sloat and Scarlet Cheffins.



Drama Ambassadors Perform

On the 3rd of April, many of the drama ambassadors performed some amazing pieces of performance which blew the audience and teachers away. With students and Miss Barnes being anxious we made sure that everything was perfect for the night with rehearsals after school and during break and lunch and pulling it off with 100% perfection.

Parents quoted "that was amazing" "well done you put so much effort into it" and the day ending with smiles and laughter.

Personally, for me, I was very scared that something would go wrong as my group completed a devised piece which means doing it with no script which was hard as you had to improvise all of it. So, if you forgot a line you couldn't get prompted or you couldn't get corrected, so everything was up to you and your fellow actors.

Every one of the actors came up to me most of the time telling me that they were scared but the anticipation was hard enough of getting to the performance area as there was a huge crowd filled with faces you knew and people's faces who you had never seen before. Before performing everyone was scared but after they had finished, everyone had a huge smile on their face saying how well they had done and how much they wanted to do it again.

When walking onto the stage with the bright lights in your eyes you could hardly see anyone but that was one of the last things on everyone's mind it was to set up your area in around five minutes and to remember your corrections and what everyone else would think. However, after the final bows and laughs and applause it was sadly time to go home however we all wanted to do it all again- we were all so happy. What a night to remember. My favourite part was when my group and I were all acting together doing everything very well. What a night!

Many thanks from me to Miss Barnes the creator and the person that was able to make this all happen. If it wasn't for your support, we wouldn't have done as well as we did!

By Ellie Chatten.



The Talent of the Drama Department

This year has played host to some new roles of responsibility in the Drama Department in the form of Drama Ambassadors. Each individual Drama Ambassador has their own unique role to play, but many were eager to showcase the talent that the Ramsey Academy has to offer, and so it was decided that two different performance showcase evenings were to be hosted in early April.

On Thursday 4th April, Charlotte Keatley's 'My Mother Said I Never Should' was performed by a small group of Year 10 students - Lenay Vanstone, Amelia Bell, Willow Hunter and Isla Harris. After many tireless hours of collaboration, discussion and rehearsals, the cast managed to perform their rendition beautifully. Using a variety of different techniques, they managed to convey the different relationships between the four women and give the engaged audience an insight into the array of different moments and emotions that can develop through various connections. Although the play is often ambiguous and is open to interpretation, the cast managed to find their own story and they told it well. I would like to congratulate the cast on their rendition - it was fantastic and was an indication of the skill and passion they each possess as actresses.

In the future, the Drama Department hopes to expand even further. Auditions are already underway for the next SSF performance and the ambassadors, emboldened with their success and passion, are eager to perhaps host a wider multitude of events. Personally, I am quite excited to watch and see what happens next.

By Tazmin Sloat (Year 10)

Ramsey Students Speak Out at the North Essex Regional Final

The Jack Petchey Speak Out Challenge was created and is held by a collaboration between the Speakers Trust and the Jack Petchey Foundation. It aims to ensure that young people have the confidence and skills to speak aloud, and that they know the importance of their voice and why they deserve to be heard. Through public speaking sessions with specialists from the Speakers Trust, students in Year 10 can develop key attributes with their peers and learn what makes a good speech. Of course, content of a speech is very important, but the way a speech is delivered is key as well – which is where mentors from the Speakers Trust come in. In their sessions, students learn how to make memorable speech about a topic they are passionate about, focusing on key ideas such as hand gestures, posture, eye contact and movement as they deliver a short speech in front of their peers.

From these sessions, each school chooses representatives who will improve their speeches and compete in the appropriate regional final. From the Ramsey Academy, the two representatives were myself (Tazmin Sloat) and Max Felton. After school on Thursday 9th May, we went to New Rickstones Academy in Witham, where this year's North Essex Regional Final was held. As the competition was due to start at half past six, we had a couple of hours in which a final session was held. In this session, all the contestants got to know each a little better and small final adjustments were made to the delivery of our speeches, making sure that we conveyed our passion and engaged the audience effectively. After that, it was time for the competition to start.

All the speeches made on the evening were spectacular: it was clear to see that the judges would have a hard time deciding a winner. My speech, titled 'E for Education' was about the importance of education and what I had realised through my work on the Send My Friend School Campaign whereas Max's speech, 'Genders' was on gender equality and why it is everyone's right to make sure men and women are treated in an equal manner. There were a wide variety of topics discussed on the night, for example, there were some particularly memorable speeches on body image, positivity and peer pressure. Rumbidzai Kawome, from New Rickstones Academy, was this year's winner, with her speech on loving herself despite her differences in relation to her peers.

I really enjoyed the competition – the energy was positive, and it highlighted the power people can have, even if they have been told time and time again that they are not allowed to use their voice. To those of you in the future who will participate in the sessions, I suggest that you fully immerse yourself and make the most of it – you don't realise quite how important it is to be able to speak to people you've never spoken to before.

By Tazmin Sloat (Year 10)

Ask Ramsey Ronald

Dear Ramsey Ronald,

I'm a year 11, and my GCSE's are getting way too close. I know how important they are but I just cannot find the motivation to revise, I keep on procrastinating.

Dear Anonymous,

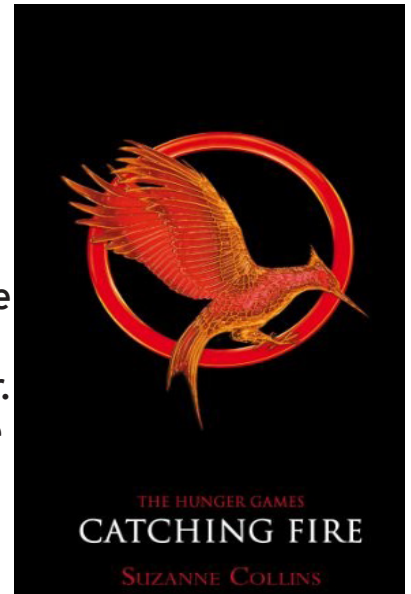
An important thing to remember is that exams are not the be all or end all. You could try revising with friends or listening to revision tips on sites like YouTube. Try and stay calm and just try your best. The night before your exams try and have a good night sleep and eat plenty. Being organised and prepared is key. Cramming is not the answer. Set an organised time table and give yourself rest days. Good luck!!

The Hunger Games: Catching Fire

Book Review

She survived The Hunger Games. And now the Capitol wants revenge.

Catching Fire by Suzanne Collins is part of a three-book series containing: The Hunger Games, catching fire and mocking jay. Katniss Everdeen volunteered as tribute alongside Peeta Mellark for The Hunger Games and against all odds, they survived. This sounds like a dream come true. But she doesn't know that once you go into the games, you can't get out. Suddenly she realizes that she will never be alone, the capitol will always be watching her. Peeta and Katniss must be 'in love' for the cameras. While on the victory tour, she notices something. A rebellion is beginning... a rebellion she created. Suddenly, president Snow makes an announcement, there is going to be a quarter quell. While she doesn't know what will happen, she knows one thing for sure... she is going back to the games.



By Lois Cheeney 8D2

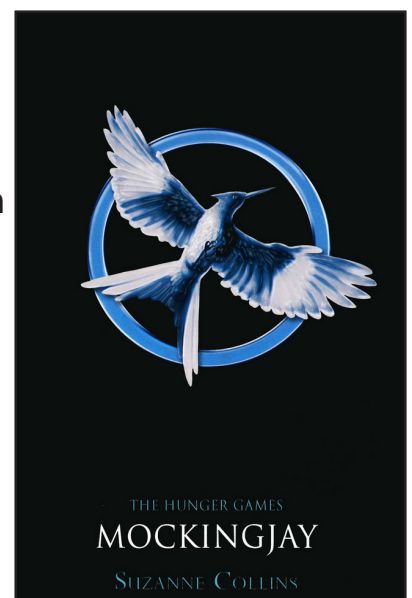
The Hunger Games: Mocking Jay

Book Review

My name is Katniss Everdeen, why am I not dead? I should be dead.

The Hunger Games is a trilogy of books written by Suzanne Collins. The trilogy includes: The Hunger Games, catching fire and mocking jay. In mocking jay, a revolution has begun... Katniss Everdeen has single handedly turned the thirteen districts of Panem against the capitol without even trying to. However, she is ready and willing to aid the rebellion, what she doesn't know is that this is not just a revolution... this is a war. Read to find out how the girl on fire will fight for her country.

Personally, I loved this book and I think it ends the trilogy perfectly. It is a must read for any Hunger Games fan. This book really shows how Katniss' mental state completely spirals after she competes in the games.



By Lois Cheeney 8D2