

Year 7 Autumn Term 1 and 2

What are we learning?	What knowledge, understanding and skills will we gain?	What does mastery look like?	What additional resources are available?
<p>Students will complete a selection of activities from the list below depending on grouping:</p> <p>Outdoor Adventure Activities Rugby Basketball Dance Netball Ball Skills Table Tennis</p>	<p>Knowledge Rules and Regulations Components of fitness Knowledge of each activity and skills involved Key vocabulary Development of Fundamental Motor Skills</p> <p>Understanding Tactical awareness Decision making Outwitting an opponent</p> <p>Skills Practical skills Communication and other soft skills</p>	<p>Students showing complete effort in all activities, demonstrating resilience, integrity, self-motivation, self-management and communication.</p> <p>Students demonstrating mastery will show progress in a number of key practical skills in each of the activities.</p> <p>Students demonstrating mastery will be high performer in at least one of these activities.</p> <p>Students to develop transferable skills to be applied across activities.</p>	<p>Extra-Curricular Clubs</p> <p>Differentiated tasks and equipment</p>

Year 8 Autumn Term 1 and 2

What are we learning?	What knowledge, understanding and skills will we gain?	What does mastery look like?	What additional resources are available?
<p>Students will complete a selection of activities from the list below depending on grouping:</p> <p>Rugby Dance Basketball Table tennis Trampoline Netball</p>	<p>Knowledge Rules and Regulations Components of fitness Knowledge of each activity and skills involved Key vocabulary Development of Fundamental Motor Skills</p> <p>Understanding Tactical awareness Decision making Outwitting an opponent</p> <p>Skills Practical skills Communication and other soft skills</p>	<p>Students showing complete effort in all activities, demonstrating resilience, integrity, self-motivation, self-management and communication.</p> <p>Students demonstrating mastery will show progress in a number of key practical skills in each of the activities.</p> <p>Students demonstrating mastery will be high performer in at least one of these activities.</p> <p>Students to develop transferable skills to be applied across activities.</p>	<p>Extra-Curricular Clubs</p> <p>Differentiated tasks and equipment</p>